



kitchen opens 9.30am - 11.30 for breakfast then 12 - 2pm for lunch
BREKKIE

Oat porridge 6.00

golden sultanas, mixed nuts, cinnamon, honey, whole or plant milk

Nutty no sugar granola 6.50

greek yogurt, frozen berries, honey

Protein porridge 6.50

flax seeds, linseeds, chia seeds, whole or plant milk, chopped dates, agave

Nutty goat avo toast 7.50

toasted sour dough, smashed avo with pea, toasted omega seeds, cashew nuts, crumbled feta, rocket, chilli oil, chilli flakes

Bacon sandwich 6.75

3 slices of smoked back bacon on thick buttered wholemeal

Butchers sausage, mature cheddar, red onion chutney 7.25

toasted wholemeal sandwich

Toast and eggs 7.00

3 free range scrambled eggs on toasted wholemeal

Smokey mixed beans 6.95

on toasted sour dough, crispy onions, chives

Just toast 4.00

wholemeal or sour dough- butter + jam, marmite or marmalade

we also offer a range of breakfast pastries, scones, & toasted tea cakes

LUNCH TIME BITES

Filled Focaccia 9.00

with an airy, flavoursome, slightly chewy texture these sea salt & herb big boys are filled with delicious healthy options

Parmesan & herb roasted chicken, sweet pickled gherkin, romaine, ceasar sauce, crunchy croutons

Crumbled feta cheese, warm za'atar roasted butternut squash, red onion & red pepper, harrissa mayo, baby leaf

Brie, panfried garlic mushroom with thyme, baby leaves, sweet chutney, garlic mayo

Herby falafel, our own hummus, fresh coriander, pickled ginger carrot, rocket, sweet chilli jam

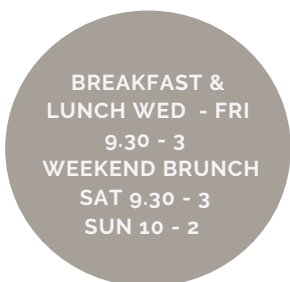
Parma ham, whipped ricotta, pinenut pesto, vine tomato, spinach leaf

Soup 7.75

Just ask what we have made today, served with a slice of sour dough toast

.....**and dont forget to check out our cake counter**

In our tiny kitchen we chop, slice, dice & smash fresh ingredients everyday for you to enjoy. We can not guarentee that all meals are free from nuts, dairy or gluten



Follow us on instagram & facebook

findcafefindern

www.findcafe.co.uk

Find